





d.r.e.a.m.













## RULES OF THE RED RUBBER BALL

- 1 COMMIT TO IT

  Commit to your red rubber ball and it will fuel decisions.
- **SEEK OUT ENCOURAGERS**Build and nurture relationships.
- **3** WORK OUT YOUR CREATIVE MUSCLE Be creative, and you'll discover new opportunities.
- 4 PREPARE TO SHINE

  Do the lonely work those unglamorous tasks that no one asks you to do.
- 5 SPEAK UP
  Speak up and challenge boundaries, and you'll overcome them.
- 6 EXPECT THE UNEXPECTED

  Expect and respect the unexpected, and you'll achieve your goals sooner.
- MAXIMIZE THE DAY Maximize each moment and focus on the present.



## Character LAB



**GRIT SCALE © Angela Duckworth 2022** 





## **CURIOSITY + ENERGY**



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